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Reg. No. : .....

Name : .....

**Second Semester M.S.W. Examination, September 2010**

**(New Scheme – 2006 Admission)**

**SW – 2.2.1 : THEORY AND PRACTICE OF COUNSELLING**

Time : 3 Hours

Max. Marks : 75

**PART – I**

Answer **any five** questions. **All** questions carry **equal** marks. Answer should **not** exceed **300** words.

1. Define Counselling and discuss the scope of counselling among youth in Kerala.
2. Enlist the techniques of counselling which you have used during your field work.
3. Write a note on the characteristics of effective counsellor counsee relationship.
4. Write a note on crisis counselling among disaster victims.
5. Discuss the components of premarital counselling .
6. Write notes on preventive and facilitative counselling.
7. Discuss the importance of vocational guidance for the higher secondary students in Kerala.
8. Write a short note on the principles and techniques of client centred therapy.

**(5×6=30 Marks)**

P.T.O.



## PART – II

Answer **any three** questions. **Each** answer should **not** exceed **1200** words.

1. Marital disharmony and divorce are increasing in Kerala. What are the factors contributing to this ? Discuss the role of family counselling in preventing this.
2. Write an essay on the principles of counselling and critically examine how for one can practice these principles in the Kerala context.
3. Write an essay on Rational Emotive Therapy and its effectiveness.
4. What do you understand by school counselling ? With suitable examples describe the role and functions of counsellors in schools.
5. Describe, how the study and practice of counselling has helped you in your personal and professional interactions. **(3×15=45 Marks)**