Answer any three questions. Each answer shi

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## Second Semester M.S.W. Degree Examination, August 2009 (New Scheme – 2006 Admns.)

## SW 2.2.1: THEORY AND PRACTICE OF COUNSELLING

Time: 3 Hours

Max. Marks: 75

## PART - I

Answer any five questions. All questions carry equal marks. Answer should not exceed 300 words.

- 1. Define counselling relationship and describe the factors that can influence counselling relationship.
- 2. Write a note on the personality factors of a good counsellor.
- 3. Describe any three techniques used in behaviour therapy.
- 4. What are the problems faced by parents while dealing with their adolescent children?
- 5. Discuss the importance of listening and responding in counselling. What are the barriers to effective listening and how can one overcome them?
- 6. Write a note on group counselling and its scope in HIV/AIDS counselling.
- 7. Describe how one can use crisis counselling with a person who has survived a suicidal attempt.
- 8. Discuss the scope of marital counselling in Kerala.

 $(5\times6=30 \text{ Marks})$ 



## PART - II

Answer any three questions. Each answer should not exceed 1200 words.

- 9. Explain the counselling process using examples from your field practicum experience.
- 10. Write notes on:
  - a) Gestalt therapy
  - b) Cognitive therapy.
- 11. Counselling has not yet gained momentum in general hospital settings. Why?
- 12. Discuss in detail the role and functions of a counsellor in schools.
- 13. Explain the scope of industrial counselling. Discuss the role and functions of a counsellor in an industry. (3×15=45 Marks)

Write a note on the personality factors of a good counsellor

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