



Reg. No. :

Name :

**Second Semester M.S.W. Degree Examination, July 2012
SW 2.2.1 : THEORY AND PRACTICE OF COUNSELLING**

Time: 3 Hours

Max. Marks: 75

PART – I

Answer **any five** questions. **All** questions carry **equal** marks. Answer should **not** exceed **300** words.

1. Discuss the professional ethics in counselling.
2. Write a note on behavioral therapy.
3. Define empathy. How is it applied in counselling ?
4. Briefly describe pre marital and marital counselling.
5. Explain telephonic counselling as it is practiced in Indian context.
6. Propose measures for counselling intervention to restrict addiction in Kerala.
7. Enumerate on cognitive therapy.
8. Discuss the application of non verbal behaviour in counselling. **(5×6=30 Marks)**

PART – II

Answer **any three** questions. **Each** answer should **not** exceed **1200** words.

9. Explain the process of counselling with the example of HIV. AIDS counselling.
10. "Counselling is an effective means to alleviate job stress among service sector professionals". Critically comment and substantiate your answer with examples. Bring out the limitations of counselling in industrial sector.
11. Explain the different types of counselling in different situations (developmental, preventive, facilitative and crisis).
12. Explain the following in detail :
 - a) Client centered therapy
 - b) Rational emotive therapy.
13. Explain the various techniques in counselling. **(3×15=45 Marks)**
