

39



(Pages : 2)

4996

Reg. No. : .....

Name : .....

**Second Semester M.S.W. Degree Examination, August 2011**  
**SW 2.2.1 : THEORY AND PRACTICE OF COUNSELLING**

Time: 3 Hours

Max. Marks: 75

**PART - I**

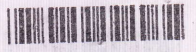
Answer **any 5** questions. **Each** answer carries **6** marks. **Each** answer should **not** exceed **300** words.

1. Discuss the characteristics and goals of counseling.
2. Explain the different stages of counseling. Elaborate the attitudes and skills required for a counselor at each of these stages.
3. Discuss the concept of developmental counseling.
4. Discuss the salient features of Gestalt Therapy.
5. What is group counseling ? Discuss the applicability of group counseling in deaddiction counseling.
6. Write a note on :
  - a) Reality Therapy
  - b) Transactional Analysis.
7. What is cognitive therapy ? Describe the situations where this therapy is effective. Discuss its process with the help of one situation.
8. Discuss risk reduction counseling in the context of HIV/AIDS counseling.

**(5×6=30 Marks)**

**P.T.O.**





## PART - II

Answer any 3 questions. Each answer carries 15 marks. Each answer should not exceed 1200 words.

9. Rational Emotive Therapy has proven effectiveness in regulation of behaviors. Discuss the therapy using an example.
10. Discuss the relevance of family life education. Give the outline of a family life education training programme for adolescents.
11. Absenteeism and alcohol are common issues encountered in industries. Elaborate and discuss the process of counseling in this context.
12. School is a potential place for counseling in the education setting. Elaborate the issues addressed in school counseling and discuss the process of behavior therapeutic techniques used in school counseling.
13. Discuss the characteristics of relationship in counseling. Elaborate the factors influencing relationship. **(15×3=45 Marks)**