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Reg. No. : .....

Name : .....

**Second Semester M.S.W. Degree Examination, August 2017**  
**SW 222 : THEORY AND PRACTICE OF COUNSELLING**  
**(2014 Admn.)**

Time : 3 Hours

Max. Marks : 75

**PART - I**

Answer **all** questions in **not** more than **50** words :

1. Psychotherapy
2. Vocational counselling
3. Long term goals
4. Super ego
5. Free Association
6. Social learning
7. Empathy
8. Attending
9. Verbatim recording
10. Life script.

(10×2=20 Marks)

**PART - II**

Answer **any five** questions in **not** more than **300** words :

11. Differentiate counselling and guidance.
12. Write a short note on telephone counselling.

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13. Elaborate existential theory of counselling.
14. Counselling can be preventive in nature. Explain.
15. Explain the purpose of recording in counselling.
16. What are the different types of case recording ?
17. What are the ethical principles of counselling ? Explain any two of them in the context of your field practicum.
18. What is biofeedback ? Explain the use of biofeedback in counselling. (5×5=25 Marks)

### PART – III

Answer **any two** questions in **not** more than **1200** words :

19. Elaborate the verbal and non-verbal skills required for a counselor. What are the personality characteristics of a counselor ?
20. Discuss the process of counselling using the example of a person addicted to alcohol.
21. Discuss application of client centered therapy and Gestalt therapy in counselling. (2×15=30 Marks)