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Reg. No. : .....

Name : .....

**Second Semester M.S.W. Degree Examination, August 2016**  
**SW 222 : THEORY AND PRACTICE OF COUNSELLING**  
**(2014 Admn.)**

Time : 3 Hours

Max. Marks : 75

**PART - I**

Answer **all** questions in **not** more than **50** words.

1. Guidance.
2. Crisis counselling.
3. Immediate goals.
4. Ego.
5. Dream Analysis.
6. Classical conditioning.
7. Acceptance.
8. Contracting.
9. Process recording.
10. Unfinished business.

**(10x2=20 Marks)**

**PART - II**

Answer **any five** questions in **not** more than **300** words.

11. Define Counselling. Elaborate the characteristics of Counselling.
12. Differentiate counselling and psychotherapy.
13. Explain the preventive context of counselling using an example.
14. Explain applicability of behavioural theory in counselling.

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15. Elaborate verbal skills required for counselling.
16. Elaborate the concept of empathy using an example from your field work practice.
17. Elaborate the importance of self-awareness in counselling. Explain how Johari's window can help in enhancing self awareness.
18. Write a note on reality therapy.

(5×5=25 Marks)

PART - III

Answer **any two** questions in **not** more than **1200** words.

19. Discuss any two therapeutic approaches of counselling in detail.
20. What is group therapy ? Discuss the therapeutic factors in group therapy.
21. What is ethics in counselling ? Discuss the ethical principles of counselling and delineate the process of dealing with an ethical dilemma.

(2×15=30 Marks)