

Second Semester M.S.W. Degree Examination, June 2007
(New Scheme -- 2006 admns.)
SW 221 : THEORY AND PRACTICE OF COUNSELLING

Time: 3 Hours

Max. Marks: 75

PART – I

Answer **any five** questions. All questions carry **equal** marks. Answer should not exceed **300** words :

1. Write a note on :
 - a) Transference
 - b) Gestalt Therapy.
2. Discuss the relevance and practice of counselling in a school setting.
3. Highlight the salient features of Reality Therapy.
4. What is crisis ? Explain the procedures for crisis counselling.
5. What are the personality factors of counsellor that affects the counselling process ?
6. Write a note on :
 - a) Behavioural Therapy
 - b) Group Counselling.
7. Explain briefly psychoanalysis.
8. Write a note on professional ethics in counselling. (5×6=30 Marks)

PART – II

Answer **any three** questions. Each question carries **15** marks. Answer should not exceed **1200** words :

9. Explain with examples the principles of counselling.
10. What is stress ? How will you help a person to cope with stress.
11. Discuss the different stages in counselling with an example.
12. Explain the various factors influencing the counselling process.
13. Highlight the skills and techniques of counselling process. (3×15=45 Marks)