Reg. No.....

Name.....

SECOND SEMESTER M.S.W. DEGREE EXAMINATION, MAY/JUNE 2005

S.W. 221. THEORY AND PRACTICE OF COUNSELLING

Time : Three Hours

Maximum : 75 Marks

Part I `

Answer any five questions. Each question carries 6 marks. Each answer should not exceed 300 words.

- 1. What is meant by client centered therapy ? Explain.
- 2. What are the qualities of an effective counsellor ?
- 3. Explain the main features of personality according to Sigmund Freud.
- 4. What is the importance of listening in counselling process ?
- 5. What are the principles one should follow in counselling ? Explain.
- 6. Explain the components of the counselling relationship.
- 7. Explain the need for appointing a school counsellor in Govt. schools.
- 8. Explain briefly (a) Crisis intervention and (b) Play therapy.

 $(5 \times 6 = 30 \text{ marks})$

Part II

Answer any **three** questions. Each question carries 15 marks. Each answer should not exceed 1,200 words.

- 9. What are the major concepts as given by Carl Rogers in his personality theory ?
- 10. Describe the major steps in counselling process with an illustration.
- 11. What is personality ? Explain the factors that mould personality.
- 12. Bring out the major differences between Counselling and Psychotherapy.
- 13. Explain the role and functions of a counsellor in a family counselling centre and the need for it.

 $(3 \times 15 = 45 \text{ marks})$