

SECOND SEMESTER M.S.W. DEGREE EXAMINATION  
MAY / JUNE- 2006

S.W.221. THEORY AND PRACTICE OF COUNSELLING

Time: 3 Hours

Max. Marks: 75

*Part - I*

*Answer any five questions. Each question carries 6 marks.*

*Each answer should not exceed 300 words.*

1. Explain the goal of counselling.
2. What are the characteristics that make a helper successful in counselling?
3. Explain client centered therapy.
4. Describe the recent trends in counselling.
5. Bring out the important professional ethics a counselor should observe.
6. Explain the application of T.A techniques in counselling process.
7. Explain the need for pre-marital counselling.
8. List the supportive therapies that could be used in counselling and explain the usage of relaxation therapy.

(5 x 6 = 30 Marks)

*Part - II*

*Answer any three questions. Each question carries 15 marks.*

*Each answer should not exceed 1200 words.*

9. Explain the major steps / process in counselling with an example.
10. Explain the personality theory of Sigmund Freud.
11. Discuss the need importance of vocational counselling in the present day.
12. Explain how transference and counter transference can interfere with the therapeutic process in counselling.
13. "Pre - test and post - test counselling are integral process in the counselling of persons who face the risk of HIV becoming positive". Discuss with case study.

(3 x 15 = 45 Marks)