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R – 6224

Reg. No. : .....

Name : .....

**First Semester M.Sc. Degree Examination, May 2023**

**Counselling Psychology**

**CP 512 : FUNDAMENTALS OF COUNSELLING PSYCHOLOGY**

**(2022 Admission)**

Time : 3 Hours

Max. Marks : 75

**PART – A**

Answer any **two** questions. Each question carries **15** mark.

1. Design a counselling frame work based on Clara Hill's process model of helping.
2. "Code of ethics in a counselling profession is a necessity". Explain the ethics in counselling and its importance.
3. Define counselling process. Explain the conditions facilitating effective counselling.
4. Analyse the role of a counsellor in a rehabilitation setting.

**(2 × 15 = 30 Marks)**

**PART – B**

Answer any **five** questions. Each question carries **5** mark.

5. Analyse the role of Roger in the history of counselling.
6. Differentiate between counselling and guidance.
7. Explain opening techniques. Mention its significance.

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8. Describe skills for facilitating insight.
9. Explain the use of assessment methods in a counselling setting.
10. Discuss the challenges faced by elderly.
11. Briefly explain three stages of Egan's model.
12. Explain the counselling in palliative care.

**(5 × 5 = 25 Marks)**

**PART – C**

Write short notes on any **ten** questions. Each question carries **2** marks.

13. Psychological first aid
14. Reflection of feelings
15. Group counselling
16. Process goals
17. Humor
18. Encounter group
19. Summarizing
20. Vocational guidance
21. Unconditional positive regard
22. Termination
23. Premarital counselling
24. Paraphrasing
25. Confidentiality and privacy
26. Marital counselling

**(10 × 2 = 20 Marks)**

