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S – 6299

Reg. No. :

Name :

First Semester M.Sc. Degree Examination, April 2024

Counselling Psychology

CP 512 : FUNDAMENTALS OF COUNSELLING PSYCHOLOGY

(2022 Admission Onwards)

Time : 3 Hours

Max. Marks : 75

PART – A

Answer **any** two questions. Each question carries **15** marks.

1. Explain the history of counselling. Mention the development of the counselling profession in India.
2. What is counselling? Analyze the scope of counselling in the current world with special mention to the youth community
3. Discuss Egan's counselling framework model.
4. What are the basic counselling skills? How these skills help in different stages of counselling.

(2 × 15 = 30 Marks)

PART – B

Answer any **five** questions. Each question carries **5** marks.

5. Differentiate the role of social worker and a psychologist.
6. Analyze the importance of rapport building in the exploration stage.
7. Briefly explain Hill's process model of helping.

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8. Explain the scope and relevance of pre-marital counselling.
9. Discuss the significance of non-verbal behaviour in a counselling setting.
10. Differentiate between counselling and psychotherapy.
11. Explain current trends in counselling.
12. Describe the significance of geriatric counselling.

(5 × 5 = 25 Marks)

PART – C

Write short notes on any **ten** questions. Each question carries **2** marks.

13. Active listening
14. Outcome goals
15. SOLER
16. Psychodrama
17. Informed consent
18. Palliative counselling
19. Confrontation
20. Two-chair technique
21. Educational guidance
22. Self-disclosure
23. Non-directive counselling
24. Probing
25. Rehabilitation counselling
26. Feedback

(10 × 2 = 20 Marks)

