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S – 6300

Reg. No. :

Name :

First Semester M.Sc. Degree Examination, April 2024

Counselling Psychology

CP 513 : POSITIVE PSYCHOLOGY

(2022 Admission Onwards)

Time : 3 Hours

Max. Marks : 75

PART – A

Answer any **two** questions. Each question carries **15** marks.

1. What is Positive Schooling? Justify the characteristics of Positive Schooling from the equity perspective.
2. How are the common attribution errors on success and failure of self and others. Elucidate with the support of examples.
3. Resilience words throughout age like a behavioral vaccine. Explain how.
4. Elucidate bio psychosocial, correlate and causes of positive Affectivity.

(2 × 15 = 30 Marks)

PART – B

Answer any **five** questions. Each question carries **5** marks.

5. How acceptance and recognition will work in rehabilitating, mentally challenged adults?
6. Explain positive organizational behaviour.

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7. Some religions Consider Service as their basic Moto. Explain how selfless service leads to self-worth.
8. How can conflicts in an organisation create a positive workplace?
9. Why do ladies cry when they get angry? Justify on the basis of gender influence on affectivity.
10. How communalism can be avoided through positive Psychological interventions in individual and group level.
11. Emotions are quite natural. Then how can emotional management be effectively worked out?
12. Explain what is called Strength based intervention.

(5 × 5 = 25 Marks)

PART – C

Write short notes on any **ten** questions. Each question carries **2** marks.

13. Life skills
14. Benefits of forgiveness
15. Approach–approach conflict
16. Reciprocity in parenting
17. Parental roles in minding behaviour
18. Positive Psychotherapy
19. Optimism
20. Mental health
21. Childhood experience and pessimism
22. Empathy



- 23. Power within
- 24. External attribution
- 25. Positive Affect
- 26. Learned helplessness

(10 × 2 = 20 Marks)

