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Reg. No. :

Name :

Fourth Semester M.Sc. Degree Examination, July 2024

Counselling Psychology

CP 542 : COUNSELLING IN HEALTH SETTING

(2022 Admission)

Time : 3 Hours

Max. Marks : 75

PART – A

Answer any **two** questions. Each question carries **15** marks.

1. Explain the special areas in counselling.
2. Elucidate the nature of various psychophysiological disorders.
3. Describe the cognitive behavioural approaches to health behaviour change.
4. Discuss the biopsychosocial factors of stress and illness.

(2 × 15 = 30 Marks)

PART – B

Answer any **five** questions. Each question carries **5** marks

5. Explain the importance of Psychoneuroimmunology.
6. Elucidate the significance of Health Psychology today.
7. Explain the psychosocial impact of HIV infection.

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8. Describe the major pain control techniques.
9. Explain Kubler-Ross's theory of dying.
10. What are the coping strategies to chronic health conditions?
11. Explain the clinical implications of the biopsychosocial model.
12. Elucidate health promoting behaviours.

(5 × 5 = 25 Marks)

PART – C

Answer any **ten** questions. Each question carries **2** marks.

13. Cancer.
14. Health Literacy.
15. Stress.
16. Terminally ill.
17. Chronic pain.
18. Differently abled.
19. Hypertension.
20. Social engineering.
21. Biofeedback.
22. Relapse prevention.
23. Social Support.
24. CBT.
25. AIDS.
26. Mindfulness meditation.

(10 × 2 = 20 Marks)

