

Reg. No. :

Name :

First Semester M.Sc. Degree Examination, December 2019
Counselling Psychology
CP 212 : FUNDAMENTALS OF COUNSELLING PSYCHOLOGY
(2013 Admission Onwards)

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer any **two** questions. Each question carries **15** marks.

1. In India usually people who are in distress seek help from shaman, thantries, priests, astrologists, discuss impact of such practices in the mental health and wellbeing of people.
2. Like medical profession why counsellors need professional ethics? Explain ethical guideline for counsellors.
3. Explain counseling needs across lifespan.
4. What is a helping profession? Differentiate between counselling and similar helping professions.

(2 × 15 = 30 Marks)

SECTION – B

Answer any **five** questions. Each question carries **5** marks.

5. Briefly describe on emerging trends in counselling.
6. Explain the competency of a counsellor.

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7. What is counseling and informal helping?
8. What are the stress and challenges faced by counsellor?
9. Describe gender specific issues in counselling.
10. Legal issues faced in the counselling.
11. Describe ethical decision making.
12. What are process goals and outcome goals of counselling.

(5 × 5 = 25 Marks)

SECTION – C

Write notes on **ten** of the following. Each carries **2** marks.

13. Helping profession
14. Mindfulness
15. Preventive counselling
16. Mental health consultation
17. Social work
18. Psychiatry
19. Mental health
20. Counsellee
21. Ethics for counsellor
22. Informed consent
23. Client
24. Burn out.

(10 × 2 = 20 Marks)

