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Reg. No.	:	•••••	
Name :			

Third Semester M.S.W. Degree Examination, March 2025 Disaster Management

SWDM 533.1 : MENTAL HEALTH AND DISASTERS

(2022 Admission Onwards)

Time: 3 Hours Max. Marks: 75

PART – A

Answer all the questions in not more than 50 words. Each question carries 2 marks.

- 1. Define mental health.
- 2. List the characteristics of a mentally healthy person.
- 3. What are the factors influencing prognosis?
- 4. Explain the concept of happiness.
- 5. Define social support.
- 6. What is a mental status examination?
- 7. What do you mean by the term "normalcy" in mental health?
- 8. Mention two tools to measure well-being.
- 9. What is psychopharmacology?
- 10. Name two serious mental illnesses commonly observed during disasters.

 $(10 \times 2 = 20 \text{ Marks})$

PART - B

Answer any **five** of the following questions in not more than **300** words. Each question carries **5** marks.

- 11. Comment on the importance of social networks during disasters.
- 12. Explain the steps involved in taking case history.
- 13. Discuss the role of cultural sensitivity in psychiatric social work.
- 14. Define PTSD and explain its common symptoms in disaster-affected population.
- 15. Highlight the significance of integrating mental health with disaster preparedness.
- 16. What are the, key roles of psychiatric social workers in a disaster setting?
- 17. Elaborate on the behavioural responses observed in disaster-affected individuals.
- 18. Describe the etiology and symptoms of personality disorders.

 $(5 \times 5 = 25 \text{ Marks})$

PART - C

Answer any **three** of the following questions in not more than 850 words. Each question carries 10 marks.

- 19. Discuss how mental health systems can be strengthened during disasters.
- 20. Explain the classification of mental disorders using ICD-11 and DSM-10.
- 21. Analyze the importance of need assessment in disaster mental health interventions.
- 22. Discuss grief and its management in disaster situations.
- 23. Analyze the challenges in providing mental health interventions during disasters.

 $(3 \times 10 = 30 \text{ Marks})$

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