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Reg. No. : .....

Name : .....

# Third Semester M.Sc. Degree Examination, January 2020

## Branch – Counselling Psychology

## **CP 233: COUNSELLING IN ORGANIZATIONAL SETTINGS**

## (2013 Admn Onwards)

Time : 3 Hours

Max. Marks : 75

### SECTION – A

Answer **any two** questions. Each question carries **15** marks

- Explain how organisational psychology evolved as a significant branch of study. Discuss the role and scope of counselling in organisations.
- 2. Identify and discuss the special behaviours of individuals and groups in an organisation that demand the services of counsellors.
- 3. Explain how counsellors manage counterproductive behaviours and stress experienced by employees.
- 4. Describe the nature of conflicts that arise in organisations. How can they be resolved?

(2 × 15 = 30 Marks)

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#### SECTION – B

Answer any five questions. Each question carries 5 marks

- 5. Enhancing individual performance.
- 6. Role of socialization in organisational setting.
- 7. Vocational counselling.
- 8. Theories explaining the nature of leadership behaviour.
- 9. Stages of group development.
- 10. Differentiate between counselling, mentoring, coaching and training.
- 11. Causes of occupational stress.
- 12. Use of cognitive behavioural approaches in organisational counselling.

 $(5 \times 5 = 25 \text{ Marks})$ 

#### SECTION - C

Write a short note on ten of the following. Each question carries 2 marks

- 13. Self-regulation
- 14. Promotion counselling
- 15. Characteristics of group.
- 16. Enhancing group effectiveness.
- 17. Procrastination.
- 18. Tips for time management.
- 19. Characteristics of leaders.

- 20. Job satisfaction.
- 21. Group counselling in organisational settings.
- 22. Counselling requirements of different stages of socialisation.
- 23. Meaning and importance of well-being.
- 24. Define leadership.

(10 × 2 = 20 Marks)