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Reg. No.: ....

Name: .....

Third Semester M.Sc. Degree Examination, February 2015
Branch: Counselling Psychology
CP 233: COUNSELLING IN ORGANIZATIONAL SETTINGS

Time: 3 Hours

Max. Marks: 75

## SECTION - A

Answer any two questions. Each question carries 15 marks.

(15×2=30 Marks)

- 1. Critically analyse the scope for Vocational Counselling.
- 2. Explain key dimensions of organizational socialization dimensions and stages of its development.
- 3. Suggest various measures to manage work force diversity in a globalized era of management.
- 4. Explain the nature of intergroup conflict and the ways to reduce it.

### SECTION-B

Answer any five questions. Each question carries 5 marks.

(5×5=25 Marks)

- 5. Outline the role of the work place counsellor.
- 6. Compare and contrast work place counselling and mentoring.
- 7. Explain the steps involved in counselling employee with family problem.
- 8. Describe the different types of leadership styles.
- 9. Explain intergroup conflicts and its major outcomes.



- 10. Explain the major advantages of counselling for enhancement of individual performance.
- 11. What are the ways to handling perfectionist behaviours at work place?
- 12. Narrate the stages of group development.

## SECTION - C

Write notes on 10 of the following. Each question carries 2 marks. (10×2=20 Marks)

- 13. Coaching
- 14. Employee absenteeism
- 15. Sensitivity Training
- 16. Career planning
- 17. Accident prone employee
- 18. Pre-retirement counselling
- 19. Performance analysis
- 20. Psychological well being
- 21. Feedback and Feed forward
- 22. Counter-transference in counselling work place
- 23. Mentoring
- 24. Off the Job Training.

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Reg. No. : .....

Name : .....

## Third Semester M.Sc. Counselling Psychology Degree **Examination, February 2019** CP - 233 : COUNSELLING IN ORGANIZATIONAL SETTINGS (2013 Admn. Onwards)

Time: 3 Hours

Max. Marks: 75

### SECTION - A

Answer any two questions. Each question carries 15 marks.

- 1. Briefly narrate the historical development of organisational psychology. How counselling is useful for achieving organisational efficiency?
- 2. Give a brief account of the relevance of counselling in developing productive behaviours and inhibiting the counter productive behaviours in organizations with supportive evidences.
- 3. Discuss the role of groups in achieving organisational objectives. Explain how counselling strategies are effective in management of intergroup conflicts?
- 4. Explain the impact of counselling in career planning and development. Discuss the factors affecting adjustment on the job.  $(2\times15=30 \text{ Marks})$

### SECTION - B

Answer any five questions. Each question carries 5 marks.

- 5. Discuss the factor affecting counselling in organisations.
- 6. Describe the role and responsibilities of counsellors in organisations.
- 7. Write a note on the causes and remedies of accident proneness.
- 8. Examine the stages in the formation of groups.



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- 9. Explain the dimensions of organisational socialisation.
- 10. Explain the processes in counselling of alcoholics.
- 11. Describe the importance of leadership in organisations.
- 12. Explain the techniques used in the management of occupational stress.

 $(5\times5=25 \text{ Marks})$ 

## SECTION - C

Answer any ten of the following. Each question carries 2 marks.

- 13. Absenteeism.
- 14. Mentoring.
- 15. Job satisfaction.
- 16. Drug addiction.
- 17. Maladjusted employees.
- 18. Counselling skills.
- 19. Stages of group formation.
- 20. Feedback.
- 21. Lay-off.
- 22. Retirement counselling.
- 23. Time management.
- 24. Procrastination.

(10×2=20 Marks)

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Reg. No.: ....

Name: .....

# Third Semester M.Sc. Degree Examination, January 2018 Branch: Counselling Psychology CP 233: COUNSELLING IN ORGANIZATIONAL SETTINGS

Time: 3 Hours Max. Marks: 75

## SECTION - A

Answer any two questions. Each question carries 15 marks.

(2×15=30 Marks)

- 1. Define organizational psychology and trace the historical influence of organizational psychology.
- 2. Explain special groups in organizational counselling and briefly explain the counselling process involved.
- 3. Define leadership and its types and elaborate the theories of leadership.
- 4. Explain the ways to manage counter productive behaviour and stress.

## SECTION - B

Answer any five questions. Each question carries 5 marks.

(5×5=25 Marks)

- 5. Outline the characteristics of group dynamics.
- 6. Describe the determinants of job satisfaction.
- 7. Explain the stress management program.
- 8. Explain the impact of groups on individuals.
- 9. What are the ways to enhance wellbeing and self-regulation in work place?
- 10. Describe the stages of organizational socialization.
- 11. What does career planning and development mean?
- 12. Explain the procedure for organizational counselling for maladaptive and indisciplined employees.



## SECTION-C

Write notes on 10 of the following. Each question carries 2 marks. (10×2=20 Marks)

- 13. On-the-job training.
- 14. Induction process.
- 15. Employee turnover
- 16. Transformational leadership.
- 17. Time management
- 18. Groupthink
- 19. Conflict Management Strategies
- 20. Goal setting
- 21. Eustress
- 22. Vocational counselling
- 23. Lay off
- 24. Procrastination.

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Reg. No. : .....

Name : .....

# Third Semester M.Sc. Degree Examination, January 2017 Branch: COUNSELLING PSYCHOLOGY CP 233: Counselling in Organizational Settings

Time: 3 Hours

Max. Marks: 75

## SECTION - A

Answer any two questions. Each question carries 15 marks.

- 1. Elucidate any two methods of stress management which can be implemented in workplace counselling.
- 2. Conflicts leads to revolutions How can you consider conflicts from a democratic and positive perspective ? Elucidate.
- 3. Explain any technique of cognitive behaviour approach for managing counter productive behaviour.
- Explain what are the basic resources and requirements needed for a work place counsellor. (2×15=30 Marks)

#### SECTION - B

Answer any five questions. Each question carries 5 marks.

- 5. How work place counselling is different from mentoring?
- 6. Why family problems of employees have to be addressed in organizational counselling?
- 7. Compare and contrast different models of leadership.
- 8. How feedbacks and evaluations can be used for enhancement of performance?
- 9. Why employees are in need of promotion counselling?

## B - 4360



- 10. What are the major components of job satisfaction?
- 11. Do you think, after entering into a government organization, the career path of an employee is fixed? Critically examine the significance of career planning here.
- 12. After retirement, an employee leaves the organization, then what is the need for preretirement counselling. (5×5=25 Marks)

### SECTION - C

Write short notes on any ten of the following. Each question carries 2 marks.

- 13. Absenteeism
- 14. Type A behaviour
- 15. Group norms
- 16. Performance appraisal
- 17. Well-being
- 18. Employee turnover
- 19. Democratic leader
- 20. Win lose strategy
- 21. Collective bargaining
- 22. Lay off
- 23. Occupational stress
- 24. Guidance.

(10×2=20 Marks)

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Reg. No. : ......

# Third Semester M.Sc. Degree Examination, January 2016 Branch: COUNSELLING PSYCHOLOGY CP 233: Counselling in Organizational Settings

Time: 3 Hours Max. Marks: 75

## SECTION - A

Answer any two questions. Each question carries 15 marks.

- 1. Elucidate the need and significance of vocational counselling, with special reference to employees in Medical Settings.
- 2. Elucidate how will you design counselling for an indisciplined employee. Justify, why don't you suggest a disciplinary action against him or her.
- 3. Interventions in alcoholism or drug addiction in organizational setting need individual attention and specific skills. Why?
- Compare ad contrast socialization of employees during induction training and in service training. (2×15=30 Marks)

### SECTION-B

Answer any five questions. Each question carries 5 marks.

- 5. What are the benefits of having a mentor?
- 6. Conflicts can be considered as natural positive in organizational settings. Why?
- 7. How a successful group is different from an effective group?
- 8. Handling procrastination needs specific leadership skills. Why?
- 9. What are the stages of group formation? Explain with example.
- 10. What are the major techniques for time management training?



- 11. Do you think feedbacks will contribute for professional enhancement in Kerala organizations? Why?
- 12. Differentiate between authoritarian and authoritative leadership styles.

(5×5=25 Marks)

## SECTION - C

Write short notes on any ten of the following. Each question carries 2 marks.

- 13. Accident prone behaviour
- 14. Perfectionism
- 15. Targets
- 16. Feedback
- 17. Self Regulation
- 18. Win Win strategy
- 19. Lock out
- 20. Professional role
- 21. Career counselling
- 22. Visualization
- 23. Prioritizing
- 24. Client.

(10×2=20 Marks)