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5495

Reg. No. :

Name :

Fourth Semester M.Sc. Degree Examination, August 2015
Branch : Counselling Psychology
CP 242 : COUNSELLING IN HOSPITAL SETTINGS
(2013 Admission)

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any 2** questions. **Each** question carries **15** marks.

1. Explain the concept of health and illness.
2. Outline models of alcohol and drug abuse.
3. Explain the role of chronic illness across the life span.
4. What are the major causes of coronary heart diseases and the effective management techniques ?
(2×15=30 Marks)

SECTION – B

Answer **any five** questions. **Each** question carries **5** marks.

5. Analyze the need of health Psychology in today's society.
6. Explain the role of counsellor in medical communication.
7. Bio medical and bio psychosocial models in health psychology.
8. Explain the role of counsellor in HIV/AIDS rehabilitation.
9. Describe the significance and nature of pain.
10. Explain cardio vascular disorders.
11. How to modify health behaviour ?
12. What are the major treatment procedures to substance abuse ?
(5×5=25 Marks)

P.T.O.



SECTION - C

Write notes on **10** of the following. **Each** question carries **2** marks.

13. Hospice care.
14. Biofeedback.
15. AA.
16. Well being.
17. Chronic illness.
18. Type A personality.
19. Suicide.
20. Case history.
21. Family therapy.
22. Positive Psychology.
23. Management of chronic pain.
24. MSE.

(10×2=20 Marks)



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A – 4838

Reg. No. :

Name :

Fourth Semester M.Sc. Degree Examination, July 2016
Branch : Counselling Psychology
CP-242 : COUNSELLING IN HOSPITAL SETTINGS
(2013 Admission)

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any two** questions. **Each** question carries **15** marks.

1. Explain the nature and significance of pain with major theories and control techniques.
2. What is the relevance of health psychology ? Explain its emergence with popular models.
3. Describe the coping methods of chronic illness and the important issues related with chronic illnesses.
4. Explain the importance of suicide prevention with reference to the current status.

(2×15=30 Marks)

SECTION – B

Answer **any five** questions. **Each** question carries **5** marks.

5. Describe the skills in dealing with HIV prevention.
6. Explain the theories on suicide.
7. Analyse the health enhancing behaviours in individuals.
8. Explain the nature of happiness and well being.
9. What are the cognitive behavioural approaches in health modification ?
10. Discuss the anorexic and bulimic syndromes.
11. Compare the biomedical and biopsychosocial models in health psychology.
12. Explain the role of communication in patient care.

(5×5=25 Marks)

P.T.O.



SECTION - C

Write notes on **10** of the following. **Each** question carries **2** marks.

- 13. Life style.
- 14. Positive mental health.
- 15. Type A behaviour.
- 16. Hypertension.
- 17. Gate control theory of pain.
- 18. Disability.
- 19. Diabetes.
- 20. Terminal illness.
- 21. Sexual health.
- 22. AA.
- 23. Family therapy.
- 24. MSE.

(10x2=20 Marks)



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A – 4838

Reg. No. :

Name :

Fourth Semester M.Sc. Degree Examination, July 2016
Branch : Counselling Psychology
CP-242 : COUNSELLING IN HOSPITAL SETTINGS
(2013 Admission)

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any two** questions. **Each** question carries **15** marks.

1. Explain the nature and significance of pain with major theories and control techniques.
2. What is the relevance of health psychology ? Explain its emergence with popular models.
3. Describe the coping methods of chronic illness and the important issues related with chronic illnesses.
4. Explain the importance of suicide prevention with reference to the current status.

(2×15=30 Marks)

SECTION – B

Answer **any five** questions. **Each** question carries **5** marks.

5. Describe the skills in dealing with HIV prevention.
6. Explain the theories on suicide.
7. Analyse the health enhancing behaviours in individuals.
8. Explain the nature of happiness and well being.
9. What are the cognitive behavioural approaches in health modification ?
10. Discuss the anorexic and bulimic syndromes.
11. Compare the biomedical and biopsychosocial models in health psychology.
12. Explain the role of communication in patient care.

(5×5=25 Marks)

P.T.O.

A - 4838



SECTION - C

Write notes on **10** of the following. **Each** question carries **2** marks.

13. Life style.
14. Positive mental health.
15. Type A behaviour.
16. Hypertension.
17. Gate control theory of pain.
18. Disability.
19. Diabetes.
20. Terminal illness.
21. Sexual health.
22. AA.
23. Family therapy.
24. MSE.

(10x2=20 Marks)



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C – 4620

Reg. No. :

Name :

Fourth Semester M.Sc. Degree Examination, July 2017

Branch : Counselling Psychology

CP 242 : COUNSELLING IN HOSPITAL SETTINGS

(2013 Admission Onwards)

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any 2** questions. **Each** question carries **15** marks.

1. Explain the important psychological factors in health and disease.
2. Briefly outline the health enhancing behaviours and factors affecting health behaviour.
3. Explain the theoretical models on alcohol abuse and the role of counselor in the management of alcohol abuse.

4. What is the relevance of patient ? Practitioner communication in the hospital setting.

(2×15=30 Marks)

SECTION – B

Answer **any 5** questions. **Each** question carries **5** marks.

5. Explain psychogenic physical diseases.
6. What are the different models of well being ?
7. Explain the importance of medical communication.
8. How to modify health behaviour ?

P.T.O.

C – 4620



9. Explain the concept of positive psychology.
10. Compare the concept of health and illness.
11. Explain the cognitive behavioural approaches in health behaviour modification.
12. Theoretical models of alcohol abuse.

(5×5=25 Marks)

SECTION – C

Write notes on **10** of the following. **Each** question carries **2** marks.

13. Suicidal depression.
14. Case history taking.
15. Family therapy in substance abuse.
16. Grief and bereavement counselling.
17. HIV virus life cycle.
18. Bio medical model of health.
19. Medical treatment of pain.
20. Chronic illness.
21. Social engineering.
22. Stimulus control.
23. Obesity.
24. Behavioural contract.

(10×2=20 Marks)



Reg. No. :

Name :

Fourth Semester M.Sc. Degree Examination, July 2018
Branch : COUNSELLING PSYCHOLOGY
CP 242 – Counselling in Hospital Settings
(2013 Admission Onwards)

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any two** questions. **Each** question carries **15** marks.

1. Discuss the Psycho-social factors in health and illness.
2. Explain how individual differences and personal characteristics affect health and well-being.
3. Discuss the characteristics of an effective counsellor in a hospital setting.
4. Give an account of HIV-Virus life cycle.

(2×15=30 Marks)

SECTION – B

Answer **any five** of the following. **Each** question carries **5** marks.

5. Individual difference in seeking health services.
6. Brief account of models of well-being.
7. Psychological factors in essential hypertension.
8. Need for appointing a counsellor in every hospital.
9. Importance of non-verbal language in communication.
10. Management of chronic pain.
11. Psycho social problems of the aged.
12. A A groups.

(5×5=25 Marks)

P.T.O.



SECTION – C

Answer **any ten** of the following. **Each** question carries **2** marks.

13. Mental status examination.
14. Motivational Enhancement therapy.
15. Suicidal ideation.
16. Sexual health.
17. Terminally ill.
18. Listening skill.
19. Well being.
20. Obesity.
21. Anorexia.
22. Social Engineering.
23. Mental Health.
24. Bio-feedback.

(10×2=20 Marks)

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G – 5291

Reg. No. :

Name :

Fourth Semester M.Sc. Degree Examination, September 2019

Counselling Psychology

CP 242 – COUNSELLING IN HOSPITAL SETTINGS

(2013 Scheme)

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer any **two** questions. **Each** question carries **15** marks.

1. Explain the psychological factors in Health and general specific disease process.
2. Describe the different models in health psychology. Explain the trans theoretical model of change.
3. Explain incidence, prevalence and cause of suicide in Kerala. Describe prevention, control and counseling interventions with the survivors.
4. Explain issues of caring, existential issues, grief and bereavement related to chronic and terminal illness.

(2 × 15 = 30 Marks)

SECTION – B

Answer any **five** questions. **Each** question carries **5** marks.

5. Psychological triggers in illness.
6. Verbal and nonverbal language in medical care.

P.T.O.



7. Theories of pain.
8. Routes of HIV transmission.
9. Theoretical models of alcohol and drug abuse.
10. Psychoeducation.
11. Skills and abilities in dealing with AIDS prevention.
12. Pain control techniques.

SECTION – C

(5 × 5 = 25 Marks)

Write notes on any **ten** of the following. **Each** question carries **2** marks.

13. Solution focused treatment
14. MSE
15. Motivational interviewing
16. HIV virus
17. Chronic illness
18. Positive psychology
19. Type A behavior pattern
20. Essential hypertension
21. Chronic pain
22. Sick role
23. Bulimic syndrome
24. Social engineering.

(10 × 2 = 20 Marks)

