

(Pages : 2)

G – 5290

Reg. No. :

Name :

Fourth Semester M.Sc. Degree Examination, September 2019

Counselling Psychology

CP 241 — COUNSELLING THE FAMILY

(2013 Scheme)

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer any **two** questions. Each question carries **15** marks.

1. Explain family stress and coping, special reference to alcoholism and addiction.
2. Discuss about theoretical foundations of normal family developments.
3. Discuss about different modalities of family therapy.
4. Describe family welfare system in India, special reference to legislations, policies and programs.

(2 × 15 = 30 Marks)

SECTION – B

Answer any **five** questions. Each question carries **5** marks.

5. Narrative therapy with family.
6. Solution focussed family therapy.
7. Milan systemic therapy.

P.T.O.



8. Experiential family therapy.
9. Couple verbal communication and family.
10. Write a short note on assessment in family.
11. Issues related to preparation for marriage.
12. Factors affecting spouse selection.

(5 × 5 = 25 Marks)

SECTION – C

Write short notes on **ten** of the following. Each question carries **2** marks.

13. Structural family therapy.
14. Family projection process.
15. Embedded ness.
16. Morphogenesis.
17. Mimesis.
18. Centrifugal periods of family.
19. Blended family.
20. Divorce counselling.
21. Family medicine.
22. Family boundaries.

(10 × 2 = 20 Marks)





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E – 3910

Reg. No. :

Name :

Fourth Semester M.Sc. Degree Examination, July 2018
Branch : Counselling Psychology
CP 241 : COUNSELLING THE FAMILY
(2013 Admission Onwards)

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any two** questions. **Each** question carries **15** marks.

1. Discuss family as an Institution.
2. Discuss problems and issues arising in various stages of married lives.
3. Explain various types of conflicts in family and strategies to manage conflicts.
4. Give an account of techniques used for couple assessment. **(2×15=30 Marks)**

SECTION – B

Answer **any five** questions. **Each** question carries **5** marks.

5. Factors affecting spouse selection.
6. Give an account of legislations and policies for family welfare.
7. How to plan a graceful retirement life ?
8. Common marital problems.
9. Impact of violence and abuse in the family.
10. What is meant by problem solving family therapy ?
11. Cognitive-behavioural family therapy.
12. Significance of pre-marital counselling. **(5×5=25 Marks)**

P.T.O.



SECTION - C

Answer **any ten** questions. **Each** question carries **2** marks.

13. Couples group therapy.

14. Merits and demerits of Re-marriage.

15. Relations enhancement.

16. Mid life issues.

17. Gender issues.

18. Alcoholism.

19. Reflecting team.

20. Strategic family therapy.

21. Feminist critique.

22. Family medicine.

23. Stressors.

24. Types of families.

(10×2=20 Marks)



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C – 4619

Reg. No. :

Name :

Fourth Semester M.Sc. Degree Examination, July 2017

Branch : Counselling Psychology

CP 241 : COUNSELLING THE FAMILY

(2013 Admissions Onwards)

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any two** questions. **Each** question carries **15** marks.

1. Define marriage and examine factors affecting spouse selection and reasons for marriage.
2. Explain family systems view/systemic perspective.
3. Describe the typical stages in the life cycle of conventional families.
4. Elaborate structural family therapy. **(2×15=30 Marks)**

SECTION – B

Answer **any five** questions. **Each** question carries **5** marks.

5. Discuss briefly multigenerational family therapy.
6. Define family and examine the different types of families.
7. Give an evaluation of the different parenting styles.
8. Explain the use of genogram as a tool for family assessment.
9. Briefly describe strategic family therapy.
10. Examine the common features of family therapy.
11. Discuss conjoint family therapy.
12. Discuss problem solving therapy. **(5×5=25 Marks)**

P.T.O.

C – 4619



SECTION – C

Write notes on **any ten** of the following. **Each** question carries **2** marks.

13. Empty nest phenomenon.
14. Cohabitation.
15. Main reasons for divorce.
16. Family violence.
17. Triangulation.
18. Polygamy.
19. Solution-focused brief family therapy.
20. Cross-generational coalition or alliance.
21. Identified patient.
22. First-order and second-order changes.
23. Enmeshed families.
24. Multigenerational transmission process.

(10×2=20 Marks)



Reg. No. :

Name :

Fourth Semester M.Sc. Degree Examination, August 2015

Branch : Counselling Psychology

CP 241 : COUNSELLING THE FAMILY

(2013 Admission)

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any two** questions. **Each** question carries **15** marks.

1. Explain Bowen's multigenerational family therapy.
2. Elaborate the specific sequences of stages that families usually go through.
3. Explain the therapeutic process and tools of Satir's family therapy.
4. Define family dynamics and explain the factors of family dynamics.

(2×15= 30 Marks)

SECTION – B

Answer **any five** questions. **Each** question carries **5** marks.

5. Explain the functions and importance of marriage.
6. Examine the emerging family patterns in India and the need for family courts.
7. Discuss the reasons for divorce and the impact of divorce on family.
8. Examine the phenomenon of midlife crisis.
9. Explain genogram and its use in family counselling.
10. Differentiate between healthy families and dysfunctional families.
11. Explain problem solving therapy.
12. Discuss solution focused brief family therapy.

(5×5= 25 Marks)



SECTION - C

Write notes on **any ten** of the following. **Each** question carries **2** marks.

13. Functions of family.
14. Factors affecting family's adaptation to chronic illness.
15. General counselling techniques for children.
16. Play therapy.
17. Cognitive reframing.
18. Active and passive listening.
19. Conflict resolution.
20. Family therapy.
21. Conduct disorder.
22. Family violence.
23. Empty nest syndrome.
24. Cross-generational alliance.

(10×2=20 Marks)



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A – 4837

Reg. No. :

Name :

Fourth Semester M.Sc. Degree Examination, July 2016
Branch : Counselling Psychology
CP 241 – COUNSELLING THE FAMILY
(2013 Admissions Onwards)

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any two** questions. **Each** question carries **15** marks.

1. Explain the process of Bowen family therapy, highlighting the eight interlocking concepts in it.
2. What are the key concepts used in the cognitive-behavioural family therapy ? Explain the various techniques applied in this therapy.
3. Explain the functions and characteristics of family.
4. Examine the current scenario of divorce, the reasons for increasing rates of divorce and the impact of divorce and remarriage along with your suggestions for improving the situation.
(2×15=30 Marks)

SECTION – B

Answer **any five** questions. **Each** question carries **5** marks.

5. Explain Virginia-satir's model of family therapy.
6. Examine the impact of various forms of trauma on the family system.
7. Describe the different forms of marriage.

P.T.O.



8. Discuss the characteristics of dysfunctional families.
9. Explain the significance of pre-marital counselling.
10. Discuss narrative therapy.
11. Describe the main family life cycles.
12. Explain conflict resolution.

(5×5=25 Marks)

SECTION - C

Write short notes on **any ten** of the following. **Each** question carries **2** marks.

13. Genogram.
14. Midlife crisis.
15. Empty chair technique,
16. Role play.
17. Unconditional positive regard.
18. Polygyny and polyandry.
19. Marriage enrichment.
20. Parenting styles.
21. Reflecting team.
22. Consanguine and conjugal families.
23. Family violence.
24. Cohabitation.

(10×2=20 Marks)