



(Pages : 2)

A – 5866

Reg. No. :

Name :

Second Semester M.Sc. Degree Examination, August 2016
Branch : Counselling Psychology
CP 222 : COUNSELLING PROCESS AND SKILLS

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any two** questions. **Each** question carries **15** marks.

1. Explain the process of counselling.
2. Discuss the importance of non-verbal communication in counselling.
3. Give an account of the essential qualities of an effective counsellor.
4. What are the requirements of a good counselling centre. **(2×15=30 Marks)**

SECTION – B

Answer **any 5** questions. **Each** question carries **5** marks.

5. Need for Assessment in counselling.
6. Referral techniques.
7. Features of Rogerian model of counselling.
8. Significance of attitude in counselling.
9. Factors to be taken into account in termination.
10. Comment on transference and counter transference.
11. Goals in counselling and importance of goal setting.
12. Verbatim recording and analysis. **(5×5=25 Marks)**

P.T.O.



SECTION - C

Write short notes on any 10. Each question carries 2 marks.

13. Listening skills.
14. Reflecting.
15. Initiating skills.
16. Self disclosure.
17. Professional self.
18. Informed consent.
19. Unconditional positive regard.
20. Empathy.
21. Congruence.
22. Concreteness.
23. Personalizing.
24. Summarizing.

(10×2=20 Marks)
