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A – 5867

Reg. No. :

Name :

Second Semester M.Sc. Degree Examination, August 2016

Branch : COUNSELLING PSYCHOLOGY

CP 223 : Approaches to Counselling

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any two** questions. **Each** question carries **15** marks :

1. Discuss the merits and demerits of psychoanalytical approach in counseling.
2. Explain the factors to be taken in to account while organizing a group counselling session.
3. Give an account of the importance of Rational Emotive therapy in the context of counselling.
4. Explain briefly various behaviour modification techniques. **(2×15=30 Marks)**

SECTION – B

Answer **any five** questions. **Each** question carries **5** marks :

5. Explain salient features of Horney.
6. Explain the main features of Jung's theory.
7. Discuss the concept of "fully functional individual".
8. Give the steps involved in systematic desensitization.
9. Explain the process of assertive training.
10. What are the assumptions underlying the trait-factor approach ?
11. Explain the assumptions of Gestalt approach.
12. What are the goals of electric counselling ? **(5×5=25 Marks)**

P.T.O.



SECTION - C

Answer **any 10** questions. **Each** question carries **2** marks :

13. Post-group issues
14. Existential therapy
15. Schedules of reinforcement
16. Self-actualizing tendency
17. Functions of group in counselling
18. Two major principles of behaviourism
19. Importance of dream analysis
20. Relaxation
21. Aversive conditioning
22. Concepts of sullivan's theory
23. Group guidance
24. Theme centered group.

(10×2=20 Marks)