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E – 5163

Reg. No. :

Name :

Second Semester M.Sc. Degree Examination, October 2018
Branch : Counselling Psychology
CP 222 – COUNSELLING PROCESS AND SKILLS

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any two** questions. **Each** question carries **15** marks.

1. Do you think you are an effective counsellor. Why ?
2. Scientific counselling is the need of the hour. Why ?
3. Give an account of various skills in counselling.
4. Discuss the stages of counselling process.

(2×15=30 Marks)

SECTION – B

Answer **any five** questions. **Each** question carries **5** marks.

5. Attitudes of the counsellor is very important in counselling. Give reasons.
6. What do you think are the important qualities of an effective counsellor ?
7. Discuss the conditions facilitating counselling relationship.
8. Give a brief account of the model of Egan.
9. Briefly explain personalizing skills.
10. Why do you think that pre-counselling session is important ?
11. Explain the concept of transference and counter transference.
12. Explain the need for assessment in counselling.

(5×5=25 Marks)

P.T.O.



SECTION - C

Write short notes on **any 10** of the following. **Each** question carries **2** marks.

13. Goals of counselling.
14. Mapping relationship.
15. Self-disclosure.
16. Initiating.
17. Unconditional positive regard.
18. Verbatim Recording.
19. Conceptualization.
20. Concreteness.
21. Informed consent.
22. Paraphrasing.
23. Termination.
24. Integrative skills.

(10×2=20 Marks)