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E – 5180

Reg. No. :

Name :

Second Semester M.S.W. Degree Examination, October 2018
SW 2.2.2 : THEORY AND PRACTICE OF COUNSELLING
(2014 Admn. Onwards)

Time : 3 Hours

Max. Marks : 75

PART – A

Answer **all** questions in **not** more than **50** words.

(10×2=20 Marks)

1. Psychotherapy.
2. Vocational counselling.
3. Empathy.
4. Listening.
5. Observation of non-verbal behaviour.
6. Countertransference.
7. Bio-feedback.
8. Client centered therapy.
9. Existential theory.
10. Self awareness.

P.T.O.



PART - B

Answer **any five** questions. Answer should **not** exceed **500** words. **(5×5=25 Marks)**

11. Differentiate guidance, counseling and psychotherapy.
12. Describe the types and goals of counseling.
13. Describe the behavioural theory of counseling.
14. Explain the case recording.
15. Describe the personality factors of a counselor.
16. Professional ethics in counseling.
17. Discuss defence mechanisms.
18. Explain the factors influencing relationship in counselling.

PART - C

Answer **any two** questions. Answer should **not** exceed **1200** words.
(2×15=30 Marks)

19. Explain the various skills and techniques of counseling with suitable examples.
 20. Explain the principles of counseling and phases of counseling process.
 21. Discuss the counseling approaches of group therapy and behaviour therapy for handling the problems of high school students.
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