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8906

Reg. No. :

Name :

**First Semester M.Sc. (Counselling Psychology) Degree
Examination, February 2015
CP 212 – FUNDAMENTALS OF COUNSELLING PSYCHOLOGY**

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any 2** questions. **Each** question carries **15** marks. **(2×15= 30 Marks)**

1. How has the study of counselling helped you in your professional life ?
2. Explain the need and significance of counselling as a profession.
3. Not all can become a counsellor. Why ?
4. Give a brief account of the popular influential persons in the field of counselling.

SECTION – B

Answer **any five** questions. **Each** carries **5** marks. **(5×5= 25 Marks)**

5. Goals of counselling.
6. Importance of personal therapy during training.
7. Significance of help seeking behaviour.
8. Burn out.
9. Stressors in counselling.
10. Legal concerns of counsellors.
11. Expectations of a counsellee.
12. Significance of supervision.

P.T.O.



SECTION - C

Write notes on **10** of the following. **Each** carries **2** marks. **(10x2= 20 Marks)**

13. Unconditional positive regard.
14. Informed consent.
15. Outcome goals.
16. Micro skills in counselling.
17. Confronting.
18. Counter transference.
19. Rocking-chair phenomenon.
20. Paraphrasing.
21. Psychiatry.
22. Self awareness in counselling.
23. Counsellor competence.
24. Psychotherapy.