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Reg. No. :

Name :

First Semester M.Sc. Degree Examination, February 2016
Branch : COUNSELLING PSYCHOLOGY
CP 212 : Fundamentals of Counselling Psychology

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any 2** questions. **Each** question carries **15** marks :

1. Describe the history and development of counselling profession.
2. Describe the current trends in counselling process.
3. Explain the personality characteristics needed for a counsellor.
4. Enumerate the ethical and professional issues in counselling.

(2×15=30 Marks)

SECTION – B

Answer **any 5** questions. **Each** question carries **5** marks :

5. Termination and follow up in counselling.
6. ACA.
7. Facilitative counselling.
8. Coping strategies.
9. Psychotherapy and counselling.
10. Behaviour modification techniques.
11. Mental health.
12. Intervention and problem solving.

(5×5=25 Marks)

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SECTION - C

Write notes on 10 of the following. Each carries 2 marks :

13. Donald E super.
14. Carl Rogers.
15. Individual difference.
16. Congruence.
17. Interview.
18. Rapport.
19. Integration.
20. Empathy.
21. Burn out.
22. Psycho drama.
23. Mental hygiene.
24. Modelling.

(10x2=20Marks)