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Reg. No. : .....

Name : .....

**First Semester M.Sc. (Counselling Psychology) Degree  
Examination, March 2014  
CP-212 : FUNDAMENTALS OF COUNSELLING PSYCHOLOGY**

Time : 3 Hours

Max. Marks : 75

**SECTION – A**

Answer **any two** questions. **Each** question carries **15** marks. **(2×15=30 Marks)**

1. Are you a good counsellor ? Why ?
2. Explain the need of starting a counselling centre in the college campuses.
3. Anybody can become a counsellor if they undergo a counselling course. Do you agree with this statement ? Explain.
4. Among the several influential persons in the field of counselling, who has influenced you the most ? Why ?

**SECTION – B**

Answer **any five** questions. **Each** question carries **5** marks. **(5×5=25 Marks)**

5. Major helping professions.
6. Stress and managing stress.
7. Micro skills in counselling.
8. Counselling as a profession.
9. Functions of a counsellor.

P.T.O.



10. Characteristics of an effective counsellor.
11. Values of a counsellor.
12. Conflicts within and among ethical codes.

SECTION – C

Write notes on **10** of the following. **Each** carries **2** marks.

**(10×2=20 Marks)**

13. Empathy
  14. Burn out
  15. Client-centered therapy
  16. Stressors
  17. Process goals
  18. Code of ethics
  19. Empty Nest Syndrome
  20. Eye-to-eye contact
  21. Supportive supervision
  22. Leading skills
  23. Paraphrasing
  24. Confronting.
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