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Reg. No. :

Name :

**First Semester M.Sc. (Counselling Psychology) Degree
Examination, March 2018
CP-212 : FUNDAMENTALS OF COUNSELLING PSYCHOLOGY
(2013 Admission Onwards)**

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any 2** questions. **Each** question carries **15** marks .

1. Give an outline of the current status of counselling.
2. Bring out the commonalities and differences between various helping professions.
3. Enumerate the characteristics of an effective counselor.
4. Discuss the ethical issues in multi cultural perspective. **(2×15=30 Marks)**

SECTION – B

Answer **any 5** questions. **Each** question carries **5** marks .

5. Elucidate the nature of counselling.
6. Briefly explain the importance of process goals of counselling.
7. Enumerate the functions of a counselor.
8. Explain the ways of coping with stress.
9. Discuss the nature of help seeking behavior.
10. Examine the values of counselee on counselling.
11. Explain the dimensions of confidentiality.
12. Multiple relationships in counselling. **(5×5=25 Marks)**

P.T.O.



SECTION - C

Write short notes on 10 of the following. Each carries 2 marks .

- 13. Career.
- 14. Unconditional positive regard.
- 15. Social work.
- 16. Assessment.
- 17. Counselor needs.
- 18. Rapport.
- 19. Coping.
- 20. Supervision.
- 21. Counselee.
- 22. Professional codes.
- 23. Multi cultural perspective.
- 24. Dual relationship.

(10×2=20 Marks)