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Reg. No. :

Name :

Third Semester M.Sc. Degree Examination, January 2017
Branch : COUNSELLING PSYCHOLOGY
CP 233 : Counselling in Organizational Settings

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any two** questions. **Each** question carries **15** marks.

1. Elucidate any two methods of stress management which can be implemented in workplace counselling.
2. Conflicts leads to revolutions – How can you consider conflicts from a democratic and positive perspective ? Elucidate.
3. Explain any technique of cognitive behaviour approach for managing counter productive behaviour.
4. Explain what are the basic resources and requirements needed for a work place counsellor. **(2×15=30 Marks)**

SECTION – B

Answer **any five** questions. **Each** question carries **5** marks.

5. How work place counselling is different from mentoring ?
6. Why family problems of employees have to be addressed in organizational counselling ?
7. Compare and contrast different models of leadership.
8. How feedbacks and evaluations can be used for enhancement of performance ?
9. Why employees are in need of promotion counselling ?

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10. What are the major components of job satisfaction ?
11. Do you think, after entering into a government organization, the career path of an employee is fixed ? Critically examine the significance of career planning here.
12. After retirement, an employee leaves the organization, then what is the need for preretirement counselling. **(5×5=25 Marks)**

SECTION - C

Write short notes on **any ten** of the following. **Each** question carries **2** marks.

13. Absenteeism
14. Type A behaviour
15. Group norms
16. Performance appraisal
17. Well-being
18. Employee turnover
19. Democratic leader
20. Win lose strategy
21. Collective bargaining
22. Lay off
23. Occupational stress
24. Guidance. **(10×2=20 Marks)**