



Reg. No. :

Name :

Fourth Semester M.Sc. Degree Examination, August 2015

Branch : Counselling Psychology

CP 241 : COUNSELLING THE FAMILY

(2013 Admission)

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any two** questions. **Each** question carries **15** marks.

1. Explain Bowen's multigenerational family therapy.
2. Elaborate the specific sequences of stages that families usually go through.
3. Explain the therapeutic process and tools of Satir's family therapy.
4. Define family dynamics and explain the factors of family dynamics.

(2×15= 30 Marks)

SECTION – B

Answer **any five** questions. **Each** question carries **5** marks.

5. Explain the functions and importance of marriage.
6. Examine the emerging family patterns in India and the need for family courts.
7. Discuss the reasons for divorce and the impact of divorce on family.
8. Examine the phenomenon of midlife crisis.
9. Explain genogram and its use in family counselling.
10. Differentiate between healthy families and dysfunctional families.
11. Explain problem solving therapy.
12. Discuss solution focused brief family therapy.

(5×5= 25 Marks)



SECTION – C

Write notes on **any ten** of the following. **Each** question carries **2** marks.

13. Functions of family.
14. Factors affecting family's adaptation to chronic illness.
15. General counselling techniques for children.
16. Play therapy.
17. Cognitive reframing.
18. Active and passive listening.
19. Conflict resolution.
20. Family therapy.
21. Conduct disorder.
22. Family violence.
23. Empty nest syndrome.
24. Cross-generational alliance.

(10×2=20 Marks)