



Reg. No. :

Name :

Fourth Semester M.Sc. Degree Examination, July 2016
Branch : Counselling Psychology
CP 241 – COUNSELLING THE FAMILY
(2013 Admissions Onwards)

Time : 3 Hours

Max. Marks : 75

SECTION – A

Answer **any two** questions. **Each** question carries **15** marks.

1. Explain the process of Bowen family therapy, highlighting the eight interlocking concepts in it.
2. What are the key concepts used in the cognitive-behavioural family therapy ? Explain the various techniques applied in this therapy.
3. Explain the functions and characteristics of family.
4. Examine the current scenario of divorce, the reasons for increasing rates of divorce and the impact of divorce and remarriage along with your suggestions for improving the situation. **(2×15=30 Marks)**

SECTION – B

Answer **any five** questions. **Each** question carries **5** marks.

5. Explain Virginia-satir's model of family therapy.
6. Examine the impact of various forms of trauma on the family system.
7. Describe the different forms of marriage.



8. Discuss the characteristics of dysfunctional families.
9. Explain the significance of pre-marital counselling.
10. Discuss narrative therapy.
11. Describe the main family life cycles.
12. Explain conflict resolution.

(5×5=25 Marks)

SECTION - C

Write short notes on **any ten** of the following. **Each** question carries **2** marks.

13. Genogram.
14. Midlife crisis.
15. Empty chair technique,
16. Role play.
17. Unconditional positive regard.
18. Polygyny and polyandry.
19. Marriage enrichment.
20. Parenting styles.
21. Reflecting team.
22. Consanguine and conjugal families.
23. Family violence.
24. Cohabitation.

(10×2=20 Marks)