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E - 3910

Reg. No. :

Name:

Fourth Semester M.Sc. Degree Examination, July 2018 Branch: Counselling Psychology CP 241: COUNSELLING THE FAMILY (2013 Admission Onwards)

Time: 3 Hours

Max. Marks: 75

SECTION - A

Answer any two questions. Each question carries 15 marks.

- 1. Discuss family as an Institution.
- 2. Discuss problems and issues arising in various stages of married lives.
- 3. Explain various types of conflicts in family and strategies to manage conflicts.
- 4. Give an account of techniques used for couple assessment.

 $(2\times15=30 \text{ Marks})$

SECTION - B

Answer any five questions. Each question carries 5 marks.

- 5. Factors affecting spouse selection.
- 6. Give an account of legislations and policies for family welfare.
- 7. How to plan a graceful retirement life?
- 8. Common marital problems.
- 9. Impact of violence and abuse in the family.
- 10. What is meant by problem solving family therapy?
- 11. Cognitive-behavioural family therapy.
- 12. Significance of pre-marital counselling.

 $(5\times5=25 \text{ Marks})$



SECTION - C

Answer any ten questions. Each question carries 2 marks.

- 13. Couples group therapy.
- 14. Merits and demerits of Re-marriage.
- 15. Relations enhancement.
- 16. Mid life issues.
- 17. Gender issues.
- 18. Alcoholism.
- 19. Reflecting team.
- 20. Strategic family therapy.
- 21. Feminist critique.
- 22. Family medicine.
- 23. Stressors.
- 24. Types of families.

(10×2=20 Marks)