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Reg. No. :

Name :

**Fourth Semester M.A. (Human Resource Management) Degree
Examination, July 2016
HRM 2.4.3 : COUNSELLING SKILLS FOR HR MANAGERS
(2014 Admission)**

Time : 3 Hours

Max. Marks : 75

PART - I

Answer **all** the questions. Answer should **not** to exceed **50** words.

1. Adlerian therapy.
2. Displacement.
3. Guided imagery.
4. Empathy relationship.
5. Stress counselling.
6. Averse therapy.
7. Sexual Harassment.
8. Non-verbal signals.
9. Gestalt counselling.
10. Systematic desensitization.

(10×2= 20 Marks)

PART - II

Answer **any five** questions. Answer should **not** to exceed **500** words.

11. Outline the approaches of counselling.
12. Explain the use of Behavioural Lifestyle counselling in Alcoholics.
13. Explain the social skills of a counsellor.

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14. What are the three ego states of transactional analysis ?
15. Discuss the effects of Midlife Blues in work life.
16. Explain Reflective methods.
17. What are the problems faced by women employees in work setting ? How do we address these issues ?
18. Explain the relevance of an industrial social worker in current industrial context.

(5×5=25 Marks)

PART – III

Answer **any two** questions. Answer should **not** to exceed **1200** words.

19. Discuss how we can make use of cognitive interventions in occupational diseases.
20. Describe the process of performance counselling and explain its importance.
21. Explain the attitudes and skills desirable for a counsellor.
22. Discuss the effects of emerging trends in modern Indian society on the current Indian work life.

(2×15= 30 Marks)