



Reg. No. :

Name :

**Fourth Semester M.A. (Human Resource Management) Degree
Examination, July 2017
HRM 2.4.3 – COUNSELLING SKILLS FOR HR MANAGERS
(2014 Admission Onwards)**

Time : 3 Hours

Max. Marks : 75

PART – I

Answer **all** the questions. Answer should **not** to exceed **50** words.

1. Performance Counselling.
2. Mental Hygiene Movement.
3. Rational Emotive Behaviour Therapy.
4. Active Listening.
5. Life Style Analysis.
6. Structured Interviews.
7. Labour Turnover.
8. Role Play.
9. Repression.
10. Job Stress.

(10x2=20 Marks)

PART – II

Answer **any five** questions. Answer should **not** to exceed **500** words.

11. Explain objectives of counseling in workplace.
12. Identify any five symptoms of Stress.



13. Explain the role of a social worker in a work environment.
14. Explain the psychological barriers in counselling.
15. What was the Psychoanalytic movement ?
16. List out three issues that merit counselling.
17. Discuss the various management counseling approaches.
18. Explain Assertiveness Training.

(5×5=25 Marks)

PART – III

Answer **any two** questions. Answer should **not** to exceed **1200** words.

19. Trace the emergence of counseling as profession in modern society and as an important function in industry.
20. What is the significance of holistic view of counseling process ? Discuss the barriers to counseling and how we can overcome those barriers.
21. Discuss the hazards of alcoholism in industry and suggest the strategies useful for terminating the habit of alcoholism.
22. Examine the application of behavioural intervention in counselling.

(2×15=30 Marks)
